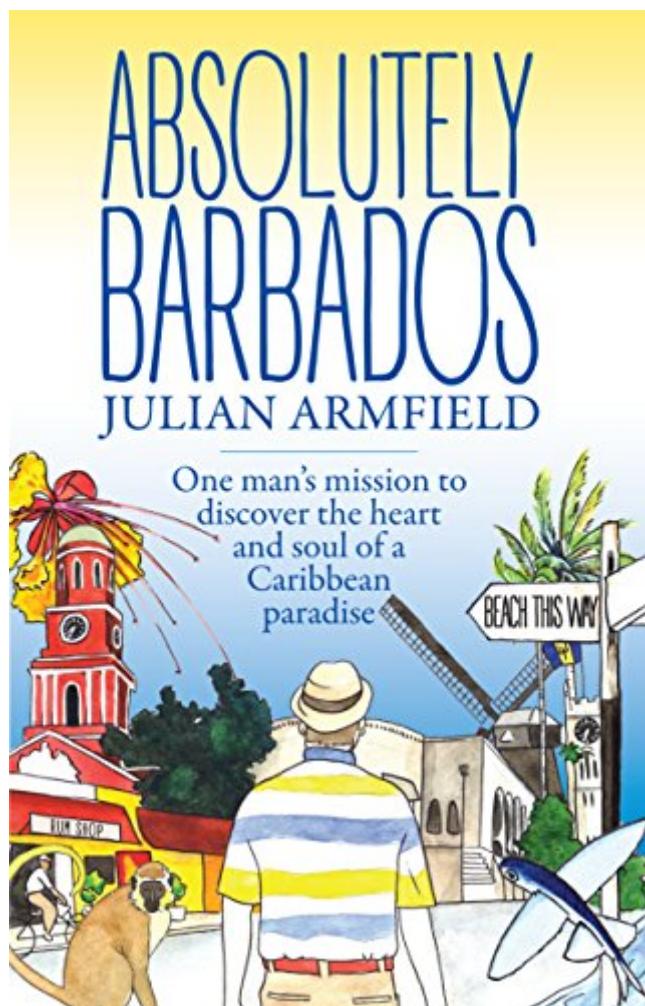


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# Absolutely Barbados: One Man's Mission To Discover The Heart And Soul Of A Caribbean Paradise



## **Synopsis**

Author and BBC broadcaster Julian Armfield came to Barbados for ten days, met and married a Bajan beauty, and stayed forever. He quickly discovered that life on a vibrant Caribbean island was going to be hugely different to that in a sleepy English village. Narrated in an infectious upbeat rhythm, *Absolutely Barbados* follows the fiercely curious author around the island as he explores and embraces every aspect of Barbados' lifestyle, culture and heritage, meeting a host of beguiling characters along the way. Julian's compelling story will enchant, amuse and enlighten anyone who lives in Barbados, Bajans abroad and all those who come to visit either on holiday or to work on this gem of the Caribbean Sea. Armfield said: 'I was fascinated by the challenge of an outsider becoming an insider and now feel that I am almost a Bajan myself. My hope is that *Absolutely Barbados* will serve as a reminder to readers of why we all love Barbados so much and bring a smile to people's faces. The book is pitched at Bajans living here and abroad, visitors and newcomers who come here to work.'

## **Book Information**

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## **Customer Reviews**

Because I have family living in Barbados, I'm particularly interested in Armfield's guide: history,

geography, customs, and food are presented in a readable fashion, and I look forward to my next discovery in Barbados!

Learned a lot about Barbadian history. Makes me want to explore the island even more!

I realy enjoyed reading this book.

I absolutely loved *Absolutely Barbados*. What a brilliant book! For anyone who has a good knowledge of the island this will enhance your experience and take you to places you think you know but don't. For the first-time visitor, it is a must-read and will enhance your holiday greatly. The author writes with style, wit and charm and has captured the very essence of Barbados from its people to its places the island leaps into life on the page and will make you want to board the next flight out. I have been coming to the island for more years than I care to admit and thought I knew it all but undiscovered hidden gems abound throughout the chapters and Julian writes quite beautifully. I'd had the book on my kindle for some time and overheard a pool-side conversation raving about it. In moments, I was reading. Thank you, Julian, for producing a great book, worthy of the island, I hope bookstores the world over stock this and many happy readers discover *Absolutely Barbados*.

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